

PATIENT FOCUS

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ABBNEY DENTAL CARE

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A WHITER, BRIGHTER SMILE...

We've all read about tooth whitening in the celebrity gossip columns and most of us probably know someone who's had whitening treatment, but how many of us know how it actually works and the different methods of whitening that are available?

Put simply, tooth whitening (sometimes known as 'bleaching') can be a very effective way of lightening the natural colour of your teeth without damaging or removing any of the tooth surface. As we get older our teeth become naturally darker, a fact not helped by some of the food we eat. Bad habits such as smoking, and drinking lots of tea, coffee, fruit juices and red wine all add to staining which effects the overall colour of our teeth.

For really effective whitening results we recommend using professional whitening treatments under the supervision of a dentist or qualified hygienist. These treatments contain hydrogen peroxide at a concentration that is not available in over-the-counter products and which can only be prescribed by a dental professional. Hydrogen peroxide is perfectly safe and when applied to the teeth allows oxygen molecules to gently work their way into the hard outer surface (enamel) gradually lightening the shade.

Beautifully white teeth... to get you noticed!



WHITENING WEDNESDAYS...

Book an appointment for treatment on a Wednesday and **SAVE £105.00**

Treatment only £315.00 RRP £420.00



WHY DENTAL IMPLANTS ARE LIFE-CHANGING...

Having missing teeth can greatly impact on your lifestyle and people who are missing teeth tend to suffer health issues, have lower self-confidence, and are often less active.

Dental implants can restore an active, healthy lifestyle. You can give business presentations, swim, ski or participate in any sport and eat your choice of food without worrying about teeth moving or falling out.

They also look and feel like natural teeth as they are anchored into

your jaw so they can last for many years if well maintained. Dental implants don't require grinding down of adjacent healthy teeth, as with a traditional, tooth-supported bridge. Your own teeth are left undisturbed, improving your long-term oral health.

If you have ill-fitting dentures that move, chewing can become difficult and painful. Dental implants function like your own teeth, allowing you to eat your favourite foods with confidence and without pain or discomfort.

To find out more about how dental implants can help restore your smile call 01757 705 607



@abbey_dental



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FACIAL REJUVENATION

WITH NON-SURGICAL FACIAL AESTHETICS

At Abbey Dental Care we offer a range of non-surgical facial aesthetic treatments, and it's not just about smoothing lines, it's about enhancing your features in such a way that you look naturally rejuvenated.

Botulinum Toxin®

This long established treatment may be used to reduce the appearance of fine lines and wrinkles, whether it be frown lines, smile or forehead lines and indeed lines around the eyes. Botulinum Toxin® works, in essence, by causing muscles to relax. This means that it is most effective in softening lines that are most visible when a muscle is active, such as when we smile, frown, or raise our eyebrows.

Dermal Fillers

There are a vast array of dermal fillers available and choosing the right one is the key to success. At Abbey Dental Care we use a range of hyaluronic acid based dermal fillers (Juvederm®). Hyaluronic acid is one of the bodies natural building blocks and is responsible for giving skin such youthful characteristics as elasticity and volume. The hyaluronic acid found in Juvederm® differs only slightly from the skin's own natural hyaluronic acid (1%) so the chances of an adverse reaction are minimal.



The most common areas for treatment with dermal fillers are:

- Lips
- Nose to mouth grooves
- Mouth corners
- Wrinkles

To find out more about our facial aesthetic treatments please call us on 01757 705607

ABBHEY DENTAL MEMBERSHIP



We believe the best way of making treatment affordable, without compromising the quality of care we deliver, is to offer patients the opportunity to join Abbey Dental Membership.

We currently offer three different Membership options so you can choose the one most suited to your needs and budget. All our plans consist of convenient monthly payments, and provide a greater choice of treatments and materials as well as substantial discounts on any additional treatment you require and oral health products purchased at the practice.

Abbey Dental Care also offer Denplan Care and Essential options as well as finance to help you spread the cost across a range of treatments.

For full details please contact us or visit www.abbeydentalcare.co.uk

AIR POLISHING...

KIND & EFFECTIVE CLEANING

Air polishing is a drill-free method of tooth cleaning that can be used to remove stains and surface discolouration from your teeth. It uses a pressurised stream of non-toxic aluminium oxide powder which rapidly removes the surface marks.

The small particles are made of silica, aluminum oxide or baking soda and aid in cleaning the tooth surface. Air abrasion allows for decay to quickly be removed while conserving healthy tooth structure. The particles and decay are then suctioned out of the mouth. Air polishing does not require a local anaesthetic.

Air abrasion is gentle because it generates no heat, sound, pressure or vibration. In addition, it reduces the need for anesthesia, making it an ideal choice for patients with stained teeth and those who experience dental anxiety.

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