

Welcome...



On behalf of the dental team here at Abbey Dental Care we would like to welcome you to our first newsletter and hope it gives you an insight as to what we offer at the practice. We are a well-established innovative dental practice, conveniently located on Gowthorpe in Selby. We provide all treatments to patient's new and old under one roof, these are carried out and supported by our specialised and caring staff.

Sedation dentistry... comfortable, painless and relaxing

IV sedation available on a private basis

We appreciate that many people feel anxious about visiting a dentist. In fact, around one in ten people are so worried about seeing a dentist that they simply don't go, and often end up in pain and needing a lot of restorative treatment which could otherwise have been prevented. At Abbey Dental Care we put nervous patients at ease, so that they are able to see us regularly and avoid any major oral healthcare problems. We are sympathetic, compassionate and understanding, and are happy to let you take things at your own pace, while offering gentle encouragement.

We use very gentle local anaesthetic techniques to numb teeth. This includes the use of a topical gel to numb the surface of the gum and very careful administration of the local anaesthetic solution. Many patients don't realise that they have had an injection until they feel the numbness starting.

IV sedation is administered via a tiny needle, which is usually placed in the back of your hand and does not usually hurt. It makes you feel pleasantly drowsy and relaxed, and most patients do not remember anything of the treatment afterwards. It takes a while to wear off, so you will need someone to take you home and stay with you.



Meet the team

Kevin O'Neill
BChD (Leeds 1995)
GDC 7073
Principal Dentist

Mark Baillie
BDS (Bristol 1992)
GDC 68317

Charlotte Oxford
BChD (Leeds 2007)
GDC 114089

Amy Swales
BChD (Leeds 2008)
GDC 153578

Dominic Oxford
BChD (Leeds 2007)
GDC 113942

James Bonner
BDS (Newcastle 1996)
GDC 71832

Rosie Winterburn
BChD (Leeds 2008)
GDC 153622

James Ingham
BDS (Manchester 2013)
GDC 244184

Mike Ainsworth
BDS (Birmingham 2002)
GDC 80631

Opening Times

Monday: 8.15am-7.00pm
Tuesday: 8.15am-6.00pm
Wednesday: 8.15am-6.00pm
Thursday: 8.15am-6.00pm
Friday: 8.15am-5.00pm
Saturday: 8.45am-12.00pm

DENPLAN CARE FROM £12.95 PER MONTH DENPLAN ESSENTIALS FROM £6.80 PER MONTH

Implants from £2000

An implant is used to replace missing teeth, it consists of a post made of titanium which is inserted into the gums which acts as the root of the tooth, and an artificial tooth which attaches onto the post. Dental Implants are the modern way to replace missing teeth. They are durable, long lasting and made to appear as if they emerge naturally from the gum. Implants have the longest life and best success rate of any dental treatment. Nowadays an implant-retained crown is virtually indistinguishable from a natural tooth.

Whitening from as little as £150

We have two types of home-based whitening available, the first is a pre-filled system, which is the cheapest way to achieve whitening at home and is often used first by patients to see how they feel about the process. The second system is where the lab produces custom-made trays from impressions taken by the dentist. These provide a perfect fit and can reduce the possibility of the whitening agent leaking onto the gums. These are also reusable so once the initial course has been completed there is the option to purchase top up whitening syringes as and when you feel like they need it.

Teeth Straightening

Unfortunately self-confidence and sometimes even success can be linked to your appearance, this is why it pays to have a straight, confident smile. Orthodontic treatment will not only improve the appearance of your smile, but also help you bite more evenly, therefore helping maintain good oral hygiene.

We offer two methods of teeth straightening at Abbey Dental Care however our first step would be to assess which is the right one for you:

- Inman Aligner
- Clear Guide

The main differences are detailed below:



This removable teeth straightening method uses a series of clear removable retainers to straighten your smile. Due to the fact that these appliances are clear and removable, the teeth straightening process is discreet making it very popular with adults.



This teeth straightening treatment uses just one removable retainer, making the process much shorter and also cheaper than the Clear Guide system. However the Inman Aligner teeth straightening method can only be used for the front top and bottom teeth and is slightly more visible than the Clear Guide system.

The benefits of straight teeth:

- Teeth straightening can improve the attractiveness of your smile and confidence.
- Teeth straightening can improve the way teeth function dentally, leading to a better long-term health of your teeth and gums.
- Straighter teeth are much easier to keep clean, leading to better oral hygiene and reducing the chance of cavities and gum disease.



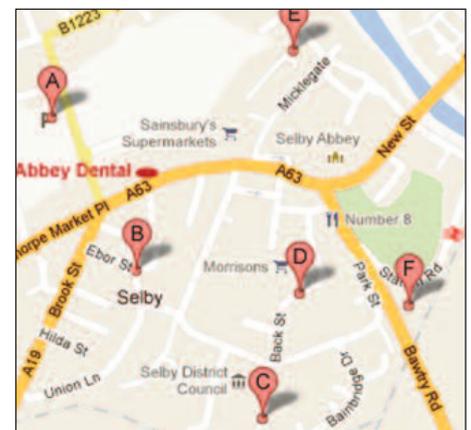
We offer 0% Finance for treatments or a combination of treatments over £1000 – we use Finance 4 Patients who provide a simple and affordable way for the total costs of dental treatment, whether it is private treatments, such as dental implants, orthodontic, aesthetic or cosmetic work, to be paid for with a 12 months interest-free loan - with not a paper form in sight.

For the less able



We have three downstairs surgeries which are wheelchair accessible.

Parking facilities



There are several car parks in Selby close to the practice.